



September 2018



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If you have any recipes you'd like to share, please submit them for next month's issue!

Upcoming Events

Monthly Meeting:

When: Thursday September 6, 7:30pm.

Where: Foundry United Methodist Church, 2801 Virginia Beach Blvd. in Virginia Beach next to Beach Ford.

Meeting Subject: “Fly and general fishing inshore and offshore”.

Meeting Speaker: Captain Sarah Gardner

September & Future Information Notes:

- 1. September 6 – Club Meeting.**
- 2. September 6 – 8 Hatteras Village Surf Tournament**
- 3. September 8 - Crab Creek Clean Up.**
- 4. September 9 – Ocean View Pier Fishing Tournament.**
- 5. September 15 – VBAC Surf Fishing Tournament.**
- 6. September 22 – Long Beach Island Surf Tournament**
- 7. October 4 – Kayak Fishing Tournament Meeting.**
- 8. October 6 – Kayak Fishing Tournament.**

This Month's Quote

Dear Lord,

Grant Me The SERENITY To Accept The Size Of The Fish I Catch, The COURAGE To Not Lie About It, And The WISDOM To Know None Of My Buddies Would Believe It Anyway.....

Amen

VBAC Fishing Roulette 2018

<u>Species</u>	<u>Current Leader</u>	<u>Weight</u>
Croaker		
Puppy Drum	Jerry Hughes	6# 12.8 oz
Sea Bass	Jerry Mariano	4# 8oz
Bowfin	James Eisenhower	6#
Sunfish	James Eisenhower	1# 5oz

Catch-A-Ride

BOAT

Preston Mangum (757) 582-1450

Jeremy Maguire (757) 407-0493

Rich Maguire (757) 619-4851

Rob Stommel (703) 244-1282

Bob Stuhlman (757) 374-7372

CREW

Pete Federico (908) 887-3113

Kelly Hoggard (757) 416-8817

Victor Minak (703) 888-8992

Gerald Segelstrom (724) 809-7868

VIRGINIA BEACH ANGLERS CLUB
&
OCEAN VIEW FISHING PIER

2018 SUMMER FISHING TOURNAMENT



ADULT ENTRY FEE - \$20

CHILD ENTRY FEE - \$10

Entry fee includes admission to pier.

\$150 GUARANTEED ADULT PAYOUT

\$50 PIER SHOP GIFT CERTIFICATE TO CHILD



8 AM to 4 PM

10 JUN

15 JUL

12 AUG

9 SEP

14 OCT
weather permitting

SPECIES

SPECIES

SPECIES

SPECIES

SPECIES

CROAKER
ROUNDHEAD
BLUE FISH

CROAKER
ROUNDHEAD
BLUEFISH

CROAKER
BLUE FISH
SPOT

CROAKER
BLUE FISH
SPOT

CROAKER
BLUE FISH
SPOT

RULES

Tournament is open to all.
Rain or shine.

Fish must be caught on the pier during Tournament times and
alive when brought to the judging table.

Winner will be determined by length.

Ties will be determined by earliest entry time.

Winners do not have to be present at 4 PM.

All prize money will be awarded. If no entry in a species, prize money will be
divided and awarded to the winner with largest entry in remaining species.

1 Species = \$150 to the winner

2 Species = \$75 each winner

3 Species = \$50 each winner

Child's prize will be for largest fish caught that day from the three species.

Visit our websites for the latest updates to the Tournament:

vbanglersclub.com oceanviewfishingpier.com

Our August Ocean View Pier Tournament

The August pier tournament was lightly attended. There were two winning adults with Guy winning two categories with a 9" croaker and a 8 ½" spot to take home \$100.00, and Chris winning \$50.00 for his 8 ½" bluefish. There were no youth submissions.

As always, thanks to everyone from the VBAC who came and assisted with our event! Thanks to the Ocean View Pier for hosting this event!

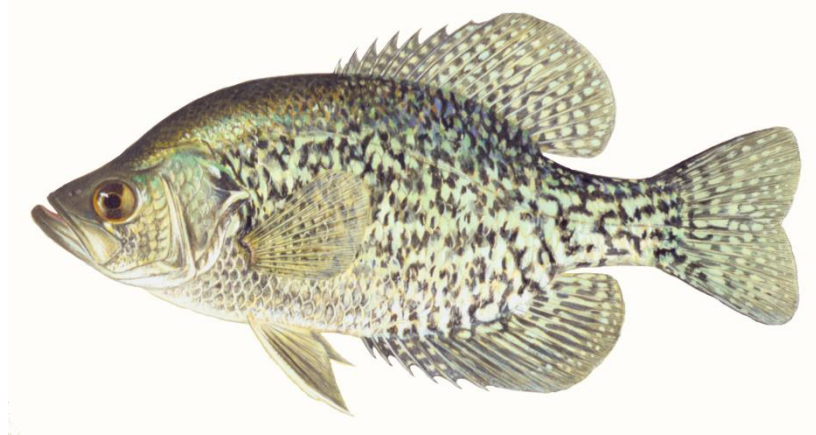


Virginia Beach Angler's Club

Crappie Tournament

Lake Smith Shore or Boat

Saturday, December 8, 2018



Entry Fee: \$20.00 per adult angler, \$10.00 per child under 16

Space is Limited!

Early Registration email: pmangum@roseandwomble.com or call: 757-582-1450

(number of anglers & child or adult)

General Registration at ramp on Saturday December 8th

Location: Lake Smith

Lines In: 8:00 AM

Weigh-in Time: 3:30 PM until 4:15 PM

Prize paid on the heaviest single fish

\$150 Guaranteed 1st Place Prize, 2nd Place Prize Guaranteed \$75.00

Prizes can increase based on the number of entrants.

All boats must have Norfolk City Lake Permits

General Stuff

Kelly Hoggard sent in the following Coast Guard safety warning.

August 15, 2018 Safety Alert 13-18 Washington, DC

Let us enlighten you about LED lighting! Potential interference of VHF-FM Radio and AIS Reception. The U.S. Coast Guard has received reports from crews, ship owners, inspectors and other mariners regarding poor reception on VHF frequencies used for radiotelephone, digital selective calling (DSC) and automatic identification systems (AIS) when in the vicinity of light emitting diode (LED) lighting on-board ships (e.g., navigation lights, searchlights and floodlights, interior and exterior lights, adornment). Radio frequency interference caused by these LED lamps were found to create potential safety hazards. For example, the maritime rescue coordination center in one port was unable to contact a ship involved in a traffic separation scheme incident by VHF radio. That ship also experienced very poor AIS reception. Other ships in different ports have experienced degradation of the VHF receivers, including AIS, caused by their LED navigation lights. LED lighting installed near VHF antennas has also shown to compound the reception. Strong radio interference from LED sources may not be immediately evident to maritime radio users. Nonetheless, it may be possible to test for the presence of LED interference by using the following procedures:

1. Turn off LED light(s).
 2. Tune the VHF radio to a quiet channel (e.g. Ch. 13).
 3. Adjust the VHF radio's squelch control until the radio outputs audio noise.
 4. Re-adjust the VHF radio's squelch control until the audio noise is quiet, only slightly above the noise threshold.
- If the radio now outputs audio noise, then the LED lights have raised the noise floor. (Noise floor is generally the amount of interfering signals / static received beyond the specific signal or channel being monitored.) 6. If the radio does not output audio noise, then the LED lights have not raised the noise floor. If the noise floor is found to have been raised, then it is likely that both shipboard VHF marine radio and AIS reception are being degraded by LED lighting. In order to determine the full impact of this interference, the Coast Guard requests those experiencing this problem to report their experiences to Coast Guard Navigation Center¹. Select "Maritime Telecommunications" on the subject drop down list, then briefly describe the make and model of LED lighting and radios effected, distance from lighting to antennas and radios effected, and any other information that may help understand the scope of the problem.

This Safety Alert is provided for informational purposes only and does not relieve any domestic or international safety, operational, or material requirement. Developed by the U.S. Coast Guard, Spectrum Management and Telecommunications Policy Division. Distributed by the Office of Investigations and Analysis.

Questions may be sent to HQS-PF-flDr-CGF-INV@uscg.mil.

General Stuff Continued

Remember Our Plank from the Lynnhaven Fishing Pier?



***It will soon be on display at the
Chesapeake Bay Foundation!***

General Stuff Continued

ATLANTIC MENHADEN MANAGEMENT BOARD AUGUST 7, 2018 Meeting Summary

The Atlantic Menhaden Board met to consider a postponed motion from its May 2018 meeting to find the Commonwealth of Virginia out of compliance for not fully implementing and enforcing the mandatory provisions of Amendment 3 to the Interstate Fishery Management Plan. Specifically, the Commonwealth of Virginia has not established the reduced Chesapeake Bay reduction fishery harvest cap of 51,000 metric tons. After extensive deliberations, and with VMRC.

Commissioner Bowman telling the board that the Cap is unlikely to be exceeded in 2018, the board decided to further postpone voting the motion to its February 2019 meeting to allow the Commonwealth's legislature another opportunity to implement the Cap when it reconvenes in January. In other words, they kicked the can down the road and they will do it again in February because there is no way for Virginia to pass and implement legislation by February 2019. The real reason for the postponement is the board is concerned the Secretary of Commerce will not uphold an "out of compliance" finding and will overrule ASMFC, thereby undermining ASMFC's authority in future interstate fishery management matters.

Anglers are encouraged to reach out to your state delegate and ask them to get involved in this issue well before the sessions begin in January 2019. This issue always gets stuck in a Chesapeake subcommittee and never make it out for the full house or senate to vote. Ask your delegate to put pressure on the committee to do the right thing. To find your delegate, click below:

<https://whosmy.viriniageneralassembly.gov/>

In other matters, all three of Virginia's new representatives were in attendance. They are VMRC Commissioner Steve Bowman, Senator Monty Mason, and J. Bryan Plumlee. This is the first time in more than ten years that Virginia's legislative representative attended in person without sending a proxy. Additionally, the board elected Spud Woodward (Georgia) as Vice-Chair of the Atlantic Menhaden Management Board.

VSSA will continue to work this issue hard and keep our members informed.

General Stuff Continued



Atlantic States Marine Fisheries Commission NEWS RELEASE

Vision: Sustainably Managing Atlantic Coastal Fisheries

FOR IMMEDIATE RELEASE
August 20, 2018

PRESS CONTACT: Tina Berger
703.842.0740

ASMFC & MAFMC Approve Catch and Landings Limits for Summer Flounder, Scup, Black Sea Bass and Bluefish for 2019 ***ASMFC Approves Black Sea Bass Addendum XXXI for Public Comment***

Virginia Beach, VA – The Atlantic States Marine Fisheries Commission (Commission) and the Mid-Atlantic Fishery Management Council (Council) reviewed previously approved specifications for scup and established new specifications for black sea bass, bluefish, and summer flounder fisheries. The Commission also approved Draft Addendum XXXI for public comment and agreed to provide the states the opportunity to open their black sea bass recreational fisheries in February 2019.

Catch and landings limits for the summer flounder, scup, black sea bass, and bluefish fisheries were established for 2019 only. The Commission's actions are final and apply to state waters (0-3 miles from shore). The Council will forward its recommendations for federal waters (3 – 200 miles from shore) to NOAA Fisheries' Greater Atlantic Regional Fisheries Administrator for final approval. The table below summarizes commercial quotas and recreational harvest limits (RHL) for summer flounder, scup, black sea bass, and bluefish (2018 values are provided for comparison purposes).

Species	Year	Commercial Quota (millions of pounds)	Commercial Minimum Fish Size (TL)	Commercial Diamond Mesh Size	Recreational Harvest Limit (millions of pounds)
Summer Flounder	2018	6.63	14"	5.5"	4.42
	2019	7.72	14"	5.5"	5.15
Scup	2018	23.98	9"	5"	7.37
	2019	23.98	9"	5"	7.37
Black Sea Bass	2018	3.52	11"	4.5"	3.66
	2019	3.14	11"	4.5"	3.27
Bluefish	2018	7.24	Varies by state		11.58
	2019	7.71	Varies by state		11.62

The Atlantic States Marine Fisheries Commission was formed by the 15 Atlantic coastal states in 1942 for the promotion and protection of coastal fishery resources. The Commission serves as a deliberative body of the Atlantic coastal states, coordinating the conservation and management of nearshore fishery resources, including marine, shell and anadromous species.

1050 N. Highland Street • Suite 200A-M • Arlington, VA 22201
703.842.0740 (phone) • 703.842.0741 (fax) www.asmfc.org

General Stuff Continued

Summer Flounder

For summer flounder, the Commission and Council received a data update, including catch, landings, and survey indices through 2017, and stock projections for 2019. Taking into consideration the data update and model-projected increases in spawning stock biomass, the Commission and Council approved, on an interim basis, a commercial quota of 7.72 million pounds (16% increase from 2018) and RHL of 5.15 million pounds for 2019 (16% increase from 2018). Both the commercial quota and RHL may be changed in early 2019 pending the results of the upcoming benchmark stock assessment.

Scup

For scup, the Commission and Council received a data update, including catch, landings, and survey indices through 2017. The update indicates biomass continues to be high, and the 2015 year class appears to be above average. In response, the Commission and Council maintained the previously implemented multi-year specifications set in August 2017. For 2018 and 2019, the commercial quota is 23.98 million pounds and the RHL is 7.37 million pounds. The Commission and Council also adjusted the incidental possession limit for the commercial fishery to 2,000 pounds during April 15 – June 15 (see table below). The adjustment was considered based on a proposal submitted by Massachusetts and Rhode Island to address discards of scup in the inshore spring longfin squid fishery. The incidental possession limit applies to vessels with commercial scup permits fishing with nets with diamond mesh smaller than 5 inches in diameter (there is no separate incidental permit for scup). Note that during the summer quota period (May 1 - September 30), a state possession limit for directed trips may supersede the incidental possession limit.

2018 and 2019 Scup Incidental Possession Limits for Permitted Vessels Fishing with Diamond Mesh Nets <5"

	Winter I				Summer					Winter II		
	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
2018	1,000 pounds				200 pounds					1,000 pounds		
2019	1,000 pounds				2,000 pounds	200 pounds				1,000 pounds		

Black Sea Bass

For black sea bass, the Commission and Council received a data update, including catch, landings, and survey indices through 2017. The update indicates biomass continues to be high, and the 2015 year class appears to be above average. The Commission and Council established, on an interim basis, a 3.14 million pound commercial quota and a 3.27 million pound RHL for 2019. Both values are a slight increase from those recommended by the Monitoring Committee due to a change in the calculation of discards. Both the commercial quota and RHL may be changed in early 2019 pending the results of the upcoming operational stock assessment update.

Bluefish

For bluefish, the Commission and Council received a data update, including catch, landings, and survey indices through 2017. The update indicates all survey indices except one showed a decrease from 2016 values. The Commission and Council approved a 7.71 million pound commercial quota and an 11.62 million pound RHL. The final 2019 harvest limits include a transfer of up to 4 million pounds from the recreational to the commercial sector, which generally reflects the distribution of recreational and commercial landings in 2017. The 2019 commercial quota and RHL are preliminary and will likely change following release of 2018 final Marine Recreational Information Program harvest estimates. These estimates can impact how much is

General Stuff Continued

transferred from the recreational sector to the commercial sector. An operational assessment is scheduled for 2019.

Framework and Addendum XXXI on Conservation Equivalency, Block Island Sound Transit and Slot Limits

The Commission and Council jointly approved for public comment alternatives included in the Council's Framework and Commission's Draft Addendum XXXI. Both documents propose options for conservation equivalency for black sea bass and summer flounder, and transit provisions for summer flounder, scup, and black sea bass for Block Island Sound. The Council's Framework also addresses the use of slot limits for all three species in federal waters. The transit provision options include two alternative transit areas that could apply to recreational fisheries only, or both commercial and recreational fisheries for all three species, depending on the alternatives selected. They could also apply to differences in state and federal seasons, minimum fish sizes, and/or possession limits, depending on the alternatives selected. The Commission will issue a press release on Draft Addendum XXXI's availability for public comment and scheduled public hearings once the hearings have been finalized.

Black Sea Bass Wave 1 Fishery and LOA Program

The Commission and Council considered opening a 2019 black sea bass recreational fishery in wave 1 (January-February). In 2017, the Commission and Council agreed to open a recreational fishery in February 2018, and to continue development of a letter of authorization (LOA) program for possible implementation in 2019. For 2019, the Commission and Council approved a February fishery with a management program similar to that used in 2018. The 2019 wave 1 fishery will be open from February 1-28 with a 15 fish possession limit and a 12.5 inch minimum size limit for states that choose to participate in the fishery. All participating states are required to adjust their 2019 recreational management measures to account for their wave 1 harvest. The Commission and Council suspended further development of an LOA program.

For more information about summer flounder or scup, please contact Kirby Rootes-Murdy, Senior FMP Coordinator, at krootes-murdy@asmfc.org. For more information about black sea bass or bluefish, please contact Caitlin Starks, FMP Coordinator, at cstarks@asmfc.org.

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VBAC Classified Page

Place Your Ad Here.

Enter your ad by phone, text or email to Preston Mangum 757-582-1450 or pmangum@roseandwomble.com

Ads are free and good for 90 days or until sold.

2018 Virginia Beach Anglers Club Committees:

Boat Show:	Chair – Russell Willoughby
Calendar:	Chair – Butch Eason Co. Chair – Ronnie Nixon
Crab Creek Clean-Up:	Chair – Ronnie Nixon
Great Bridge Flea Market:	Chair – Preston Mangum
VBAC Flea Market:	Chair – Bob Burstein
Banquet/Oyster Roast:	Chair – Jerry Mariano
Seton Youth:	Chair – Dave Anderson
Raffles:	Chair – Preston Mangum
Audit Committee:	Chair – Mike Anderson
Surf Tournaments:	Chair – Robbie Parks
Club Tournaments:	Chair – George Gabriel Co. Chair – Bob Burstein
Pier Tournaments:	Chair – Gary Doerhoff Co. Chair – Bryan Watson
Prize Fish:	Chair – Chris Schneider
Nomination Committee:	Chair – Butch Eason Co. Chair Kelly Hoggard Co. Chair Beth Synoweic
Conservation and Regulations:	Chair – Butch Eason Co. Chair – Kelly Hoggard
T-Shirt Committee:	Chair – Patty Searby

**If You Would Like to Help on a Committee,
Please Speak to the Chair. Help is Appreciated!**

Saltwater Fishing News

The following page reflects the Prize Fish requirements updated on March 15, 2018.
Please save for your files.

Eligible Saltwater Species and Minimum Weights are:

***** Modified/updated March 15, 2018. Based on 75% of Virginia Citation Requirements.

Virginia Citation Requirements

2018 VBAC Requirements

	<i>Weight</i>	<i>Release Length</i>		<i>Weight</i>	<i>Release Length</i>	
Amberjack	Release only	50"		Release only	38"	
Bass, Black Sea	5 lb 0 oz	n/a		3 lb 12 oz	17"	

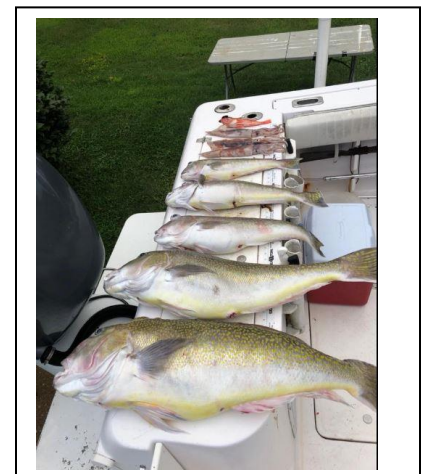
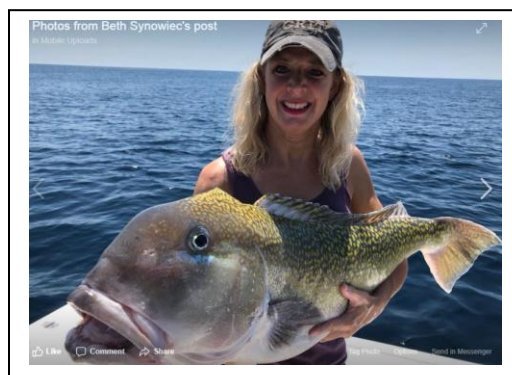
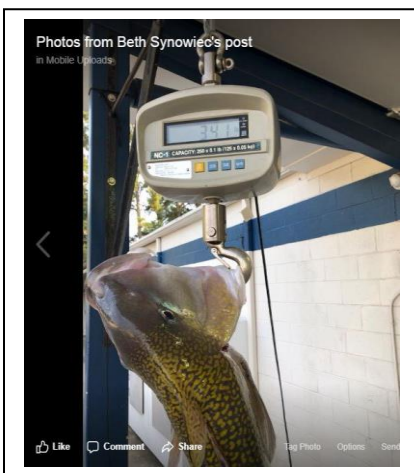
Bass, Striped (SW)	40 lb 0 oz	44"		30 lb 0 oz	33"	
Bluefish	16 lb 0 oz	36"		12 lb 0 oz	27"	
Cobia	55 lb 0 oz	50"		41 lb 4 oz	38"	*****
Croaker	3 lb 0 oz	20"		2 lb 4 oz	15"	*****
Dolphin	25 lb 0 oz	n/a		18 lb 12 oz	35"	*****
Drum, Black	80 lb 0 oz	46"		Release only	35"	
Drum, Red	Release only	46"		Release only	35"	
False Albacore	Release only	32"		Release only	24"	
Flounder	6 lb 0 oz	26"		4 lb 8 oz	20"	
Gray Triggerfish	4 lb 0 oz	20"		3 lb 0 oz	15"	
Jack Crevalle	Release only	40"		Release only	30"	
Kingfish (roundhead)	1 lb 8 oz	16"		1 lb 2 oz	12"	*****
Mackerel, King	20 lb 0 oz	n/a		15 lb 0 oz	33"	
Mackerel, Spanish	4 lb 0 oz	26"		3 lb 0 oz	20"	
Marlin, Blue	Release only			Release only		
Marlin, White	Release only			Release only		
Pompano	1 lb 8 oz	16"		1 lb 2 oz	12"	
Sailfish	Release only			Release only		
Sharks	Release only	72"		Release only	54"	
Sheepshead	10 lb 0 oz	24"		7 lb 8 oz	18"	*****
Spadefish	9 lb 0 oz	22"		6 lb 12 oz	17"	*****
Spearfish	Release only			Release only		
Spot	1 lb 0 oz	13"		12 oz	10"	*****
Swordfish	100 lb 0 oz	Any		75 lb 0 oz	Any	
Tarpon	Release only	36"		Release only	27"	*****
Tautog	9 lb 0 oz	23"		6 lb 12 oz	17"	*****
Trout, Gray	9 lb 0 oz	30"		6 lb 12 oz	23"	*****
Trout, Speckled	5 lb 0 oz	24"		3 lb 12 oz	18"	*****
Tuna, Bigeye	70 lb 0 oz	n/a		52 lb 8 oz	38"	*****
Tuna, Bluefin	100 lb 0 oz	60"		75 lb 0 oz	45"	
Tuna, Yellowfin	70 lb 0 oz	n/a		52 lb 8 oz	38"	*****
Tilefish, Blueline	10 lb 0 oz	n/a		7 lb 8 oz		*****
Tilefish, Golden	30 lb 0 oz	n/a		22 lb 8 oz		
Wahoo	35 lb 0 oz	n/a		26 lb 4 oz	38"	

Saltwater Fishing News Continued

August 6, 2018 Kevin & I finally got a chance to go on my birthday fishing trip (a month and a half later, ha!) We have been so busy that words can not even describe the sense of relief that we both felt as our boat, Classic Rockfish left the Rudee Inlet at 7 am yesterday morning . My usual pattern before a trip is to gather fresh bait the day before , but that never even happened. It was more like an empty the freezer pot luck offering 'kind of day' .

We arrived at location at 10:15 am set up and did our first drift. We proceeded over the next 3 hours to do a total of 6 drifts . I yielded a Golden on every drift, including a nice 34.1 lb slob Virginia Citation. Kevin did not yield Golden's today but he experienced a nice Rosie , some squids , & an amazing fight with an insane Bonita that hooked on his deep drop line and took him to the bow of the boat. We saw the crazy fish flashing as he got it to the top of the water but at the very last minute the fish unfortunately got off the line. Kevin attested that it was a crazy fun fight and he was all smiles just for the experience . I would have loved to have gotten a photo or video but I was also hooked up at the same time

After the 6 th drift, it was now 1:33 pm and we decided leave the canyon location & to go to another shallower area for some sea bass, but on the way, we were stopped and boarded by the Coast Guard for a safety inspection. The safety inspection they did went well & I had everything ready for them but there was quite a delay for them getting to our boat. We are not sure why the delay but when they did arrive, it went very well and they were very friendly. We were finally underway again at 310 pm , after hearing on the radio that a huge storm was hammering down in Virginia Beach area , we decided not to go for sea bass but to just head back and weigh in the Golden tile fish. In addition to the photos , I also have an unedited video of me pulling in one of my Golden's from yesterday that I will share. 😊☐ Tight Lines Everyone!



Saltwater Fishing News Continued

Heard Beth Synoweic was under the weather. She was able to get out before she got sick and submitted the following piece.

Get better Beth, we need the articles!

Submitted by Beth Synoweic

Had a blast cobia fishing with my good friend Capt. Kenny Louderback today. We saw just a few in the am but By late afternoon, we found and saw plenty of takers including my 58 inch fish who was so feisty that she broke his gaff in two as he was trying to get her on the boat . She kept the metal Bling And left him only with the end of the handle. Ha! Can't wait to do it again, Kenny thanks for having me aboard your boat Fish Freaks. If you haven't seen his new rig yet folks ,you really need to check it out. What a beautiful boat & What a fantastic day on the water!



Saltwater Fishing News Continued

This report from John Germanos is a little late in being printed (My apologies John! My fault!)

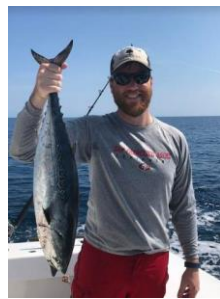
The Annual Germanos Family Fishing trip out of Hatteras Inlet on the Good Times with Capt. Tim.

Date: 01 July 2018

Family Members (L-R): Elizabeth (daughter #1), Will (son #1), Frances (wifey), April (daughter #2), Brian (son #2), and Mia (daughter #3). I was the second mate.

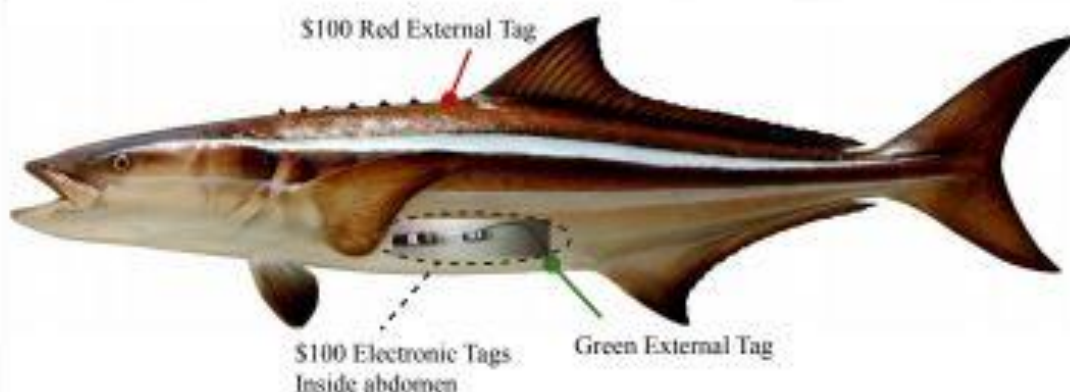
We put a limit of 60 dolphin in the boat by 0740 am; and had a limit of Amberjack, Almacos Jacks, and Lessers by 0900.

Finished the day with the boys wrestling 10-15 pound False Albacore (aka Little Tunnies).



It's safe to say, a good time was had by all!

COBIA TAG REWARD



VIRGINIA INSTITUTE OF MARINE SCIENCE RESEARCH

PLEASE RETAIN RED DORSAL TAG AND GREEN ABDOMINAL TAG WITH ELECTRONIC TAGS

In order to receive your reward please do the following steps:

1. Call us!
2. Record: -- total length -- date -- location of capture
3. Take photos
4. If harvesting find electronic tags in abdominal cavity:
pull on green external tag then clip off red external tag
5. If releasing please retain red tag for \$100 reward, and leave green tag intact.
6. Return all tags to us.

Researchers at the Virginia Institute of Marine Science (VIMS) and North Carolina State University are tagging cobia with surgically implanted electronic tags: acoustic transmitters and data loggers. The transmitters allow the fish to be detected by receivers that are located all along the East Coast. However, the data logger needs to be returned in order to download the data. You must follow all applicable state and federal fishing regulations. Not all fish have all tags. Thank you for returning tags.

If you have any questions about the project or would like to learn more, please contact:

Kevin Weng
Email: kevinweng@vims.edu
Phone: (804) 684 - 7372

Dan Crear
Email: dcrear@vims.edu
Phone: (804) 684 - 7819

Riley Gallagher
Email: rgallag2@ncsu.edu
Phone: 1-800-790-2780

Virginia Institute of Marine Science
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Visit our website: fish.vims.edu

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VIRGINIA INSTITUTE OF MARINE SCIENCE

Call : (804) 684 - 7372 for Tag Reward

The Chef's Corner

John Germanos, a club member and much lauded chef in area has offered to share recipes. Here is the first!

Here's the step-by-step for Spanish Fillets Broiled 4 Ways (applies to Taylor Blues as well):

1. Melt enough butter to drizzle over fillets while broiling.
2. Lay fillets out on broiling platter, skin side down.
3. Drizzle melted butter over each fillet – just enough to lightly coat for broiling. Olive oil is an acceptable alternative to butter.
4. Broil on High and at highest rack setting to get the full broiling effect. I close the broiler door to keep heat in oven.
5. When fillets are starting to brown, remove broiling platter, and baste the fillets with the butter and drippings in the platter until all surfaces have been re-oiled or moistened, then season with any of the following spice recipes (or substitute your own):
 - a. Mediterranean Style: In this order – garlic powder, oregano, black pepper, salt, paprika.
 - b. Cajun Style: I can provide my personal Cajun concoction if desired, but Tony Chachere's Cajun or Creole shake is good, as is Slap Ya' Mama shake. If you want to kick-it up a notch, add extra sprinkles of ground cayenne pepper.
 - c. Chesapeake Style: Sprinkle Old Bay over fillets for that traditional taste of the Bay.
 - d. Lemon-Pepper Style: Can use any commercial Lemon Pepper Seasoning, or simply coat with coarse black pepper and garlic salt (squeeze fresh lemon juice liberally over the fillets at the end).
6. Once the fillets are seasoned, choose either of the following methods to "finish" the dish without burning the spices:
 - a. Leave the oven on "Broil," place the broiling platter on the lowest rack possible, close the oven, and "Broast" for another 5-10 minutes based on fillet thickness. Over-cooking will dry out any fish, so err on the "less" side of time.
 - b. After taking the broiling platter out to season fish, switch oven to "Bake" on "High" and a temperature of 425 degrees. This is where keeping the broiler door closed during broiling pays off as the oven is usually at 425 degrees already when the switch turns to "Bake" – no waiting for it to heat up!
7. When the fillets are done, and the butter has returned to sizzling slightly in the pan, remove from oven; and finish as follows based on seasoning selected:
 - a. Mediterranean Style: Squeeze lemon juice over fillets, and re-baste with the lemon and butter drippings prior to plating.
 - b. Cajun Style: A light drizzle of dry sherry to de-glaze the pan and meld with the sizzling butter produces an excellent "sauce" to drizzle over the fillets when plating.
 - c. Chesapeake Style: Drizzle butter drippings over fillets before plating, or for more decadence, drizzle freshly melted butter on top as well!
 - d. NOTE: Being a Greek, I like fresh lemon juice squeezed on all of the above, and that is certainly an option for those that like that touch of acidity with a buttery dish



4 filets broiled each different.



A "sampler" platter

Freshwater Fishing News

Eligible Freshwater Species, Minimum Weight, and Release Lengths.

***** Modified/updated March 15, 2018. Based on 75% of Virginia Citation Requirements.

Virginia Citation Requirements

2018 VBAC Requirements

	Weight	Release Length	Weight	Release Length	
Bass, Largemouth	8 lb 0 oz	22"	6 lb 0 oz	17"	
Bass, Rock	1 lb 0 oz	12"	12 oz	9"	*****
Bass, Smallmouth	5 lb 0 oz	20"	3 lb 12 oz	15"	*****
Bass, Striped (FW)	20 lb 0 oz	37"	15 lb 0 oz	28"	
Bass, White	2 lb 8 oz	18"	1 lb 14 oz	14"	
Bowfin (Grindle)	10 lb 0 oz	30"	7 lb 8 oz	23"	
Carp	20 lb 0 oz	34"	15 lb 0 oz	26"	
Catfish, Blue	30 lb 0 oz	38"	22 lb 8 oz	29"	*****
Catfish, Channel	12 lb 0 oz	30"	9 lb 0 oz	23"	
Catfish, Flathead	25 lb 0 oz	40"	18 lb 12oz	30"	*****
Chain Pickerel	4 lb 0 oz	24"	3 lb 0 oz	18"	
Crappie	2 lb 0 oz	15"	1 lb 8 oz	11"	*****
Gar	10 lb 0 oz	40"	7 lb 8 oz	30"	
Muskellunge	15 lb 0 oz	40"	11 lb 4 oz	30"	*****
Northern Pike	6 lb 0 oz	30"	4 lb 8 oz	23"	
Perch, White	1 lb 4 oz	13"	15 oz	10"	
Perch, Yellow	1 lb 4 oz	12"	15 oz	9"	*****
Sauger	2 lb 0 oz	18"	1 lb 8 oz	14"	
Shad, American			(Release only)	12"	
Shad, Hickory	1 lb 8 oz	10"	1 lb 2 oz	8"	
Sunfish/Bluegill	1 lb 0 oz	11"	12 oz	8"	*****
Trout, Brook	2 lb 0 oz	16"	1 lb 8 oz	12"	

Trout, Brown	5 lb 0 oz	25"	3 lb 12 oz	19"	

Trout, Rainbow	4 lb 0 oz	22"	3 lb 0 oz	17"	

Walleye	5 lb 0 oz	25"	3 lb 12 oz	19"	

Freshwater Fishing News Continued

Took a friend of mine that hadn't caught a fish in 20 years, Rick Kerns, on Saturday 8/18. We went on the Northwest River. Bob's Fishing Hole said the water had very little oxygen and recommended we go down river to better water. We caught a variety of fish; shellcracker, white perch, catfish, and largemouth bass. All were small as is shown in the pictures, but it was nice to get out and actually catch something!


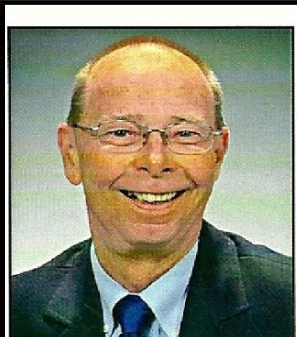

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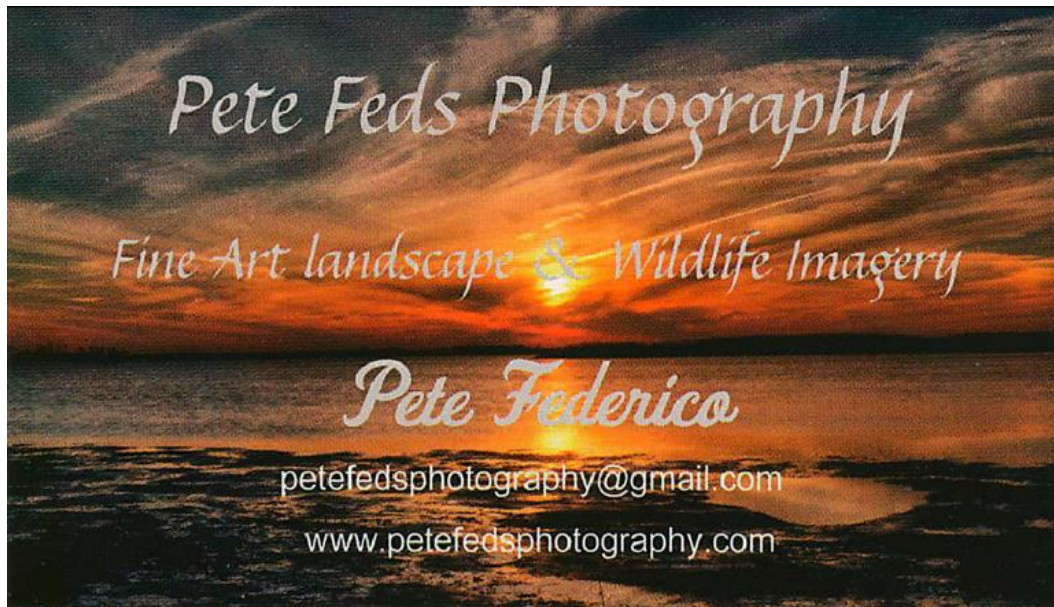
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VBAC MISSION STATEMENT

The purpose of the VBAC is to encourage sport fishing, both freshwater and saltwater, while supporting prudent governmental and other policies that promote the preservation, conservation and ecology of all marine life.

Our Objectives:

- ❖ Monitor legislative and regulatory activities relating to management of local and regional fisheries and participating actively, where appropriate, to assure the adoption of sound management policy and practices that best serve the interests of VBAC members.
- ❖ Promote interest and participation in recreational angling by conducting programs and activities that encourage sport fishing.
- ❖ Educate members and others in the techniques of sport fishing to enhance their enjoyment of the sport.
- ❖ Conduct social activities that create a wholesome climate for deriving the maximum pleasure from sport fishing by members, their families and guests.
- ❖ Plan and conduct fund raising activities to provide the revenues needed to support these objectives.

2018 VBAC Elected Officials

Officers:

Chairman of the Board: Larry Regula

President: George Gabriel

First Vice President: Bob Burstein

Second Vice President:

Treasurer: Mike Anderson

Recording Secretary: Russell Willoughby

Corresponding Secretary: Bob Stuhlman

Board of Directors:

Gary Doerhoff

Jerry Mariano

Preston Mangum

Ronnie Nixon

Patty Searby

Butch Eason

Mark Lozier

David Anderson

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